

Name _____ Age _____

Occupation _____ Date _____

VISION STATUS

I currently wear:

- Glasses
- Soft Contacts
- Hard Contacts
- None

I am interested in:

- Glasses
- Contacts
- LASIK
- I Don't Know

CONTACT LENS USERS ONLY

Current Brand and Powers: _____

DILATION

Dilation provides your doctor a wider view of the inside of your eye. This procedure requires an additional 30-40 minutes.

Mild stinging may occur upon instillation of eye drops. These side effects may last for 6-8 hours:

- Blurry vision
- Headache
- Sensitivity to light
- Increased pupil size
- Drowsiness or hyperactivity

Dilation is not recommended if:

- You need to work, read or use a computer
- You have never been dilated before and do not have a driver
- You are unable to avoid environments with bright lights after the exam

The recommended schedule for dilation is dependent on a variety of factors. Your doctor will discuss with you if dilation is medically necessary.

Wide field retinal photography is strongly recommended to screen for conditions like glaucoma, macular degeneration and retinal tears. Retinal photography may reduce or eliminate your need for dilation.

- I would like retinal photography for \$39
- I request a dilation today
- I decline dilation today

PERSONAL MEDICAL HISTORY

- Diabetes
- High Blood Pressure
- High Cholesterol
- Pregnant / Nursing

Other Conditions: _____

Primary care physician & facility: _____

MEDICATIONS TAKEN

ALLERGIES (INCLUDE MEDICATIONS)

PERSONAL EYE HISTORY

- Allergies in eyes
- Cataracts
- Dry Eyes
- Eye Turn
- Eye Surgery
- Glaucoma
- Keratoconus
- Macular Degeneration
- Retinal Problem
- Vision Therapy

Other Conditions: _____

FAMILY EYE HISTORY

DO YOU EXPERIENCE

- Headaches of any severity each week, usually getting worse later in the day
- Stiffness or pain in neck/shoulders when you work at a computer or read
- Discomfort with computer use in your eyes after long hours looking at the screen
- Tired Eyes with increasing fatigue throughout the day